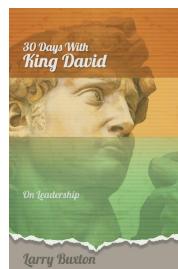


suggests modern whiskeys that are similar to the historical tastes.

To top it off, the book is beautifully designed with many pictures and photos. It's a winner all the way around.



This next book, interesting for several reasons, has worked its way to the top of the stack for review; *30 Days With King David: On Leadership* by Larry Buxton is the second book in a series. (The first was *30 Days With Abraham Lincoln: Quiet Fire* by Duncan Newcomer.) The book was produced by Front Edge Publishing, but more about that later.

Buxton describes himself as a pastor, educator, and leadership coach. Although this book has a biblical framework, around the story of King David, I wouldn't call it a religious book. It's a treatise on the characteristics of good leadership as exemplified by David's successes and failures.

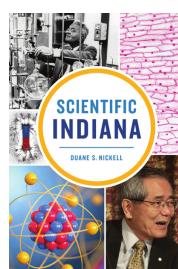
Thirty short essays are designed to be read one per day, although I think they'd make an excellent basis for a discussion group, maybe meeting once a week.

The essays fall into 14 general categories of leadership qualities: patience, vision, humility, integrity, openness, tenderness, forgiveness, courage, gratitude, self-control, surrender, perseverance, calmness, and justice.

In these divided times, the author has also provided us with a forward by Democratic Senator and past vice presidential candidate Tim Caine and a preface by Republican and George W. Bush White House Chief of Staff Andrew H. Card Jr., in hope, I'm sure, that they will blunt any accusations of partisanship. Additionally, King David is a well-known figure to Christians, Jews, and Muslims, so having him as the focal point can't be considered as appropriate only for Christians.

It's not clear who the impetus behind this series is. I suspect it may be Front Edge Publishing, but no series editor is listed. Front Edge is a hybrid publisher — a new breed of cat in the publishing world.

Visit ThirtyDaysWith.com and LarryBuxton.com.



Scientific Indiana by Duane S. Nickell is a quirky book but a good one I'd recommend to anyone interested in the history of science. It includes 17 short biographies of scientists grouped for one reason: they have lived, worked, or been educated in Indiana. Nickell includes such leading lights as isotope pioneer Harold Urey, sexologist Alfred Kinsey, transformational microbiologist Salvador Luria, and double helix discoverer James Watson. I just have one negative criticism. I wish Nickell had looked a little harder to find a female scientist to include. I'm sure there's been at least one in the history of Indiana.



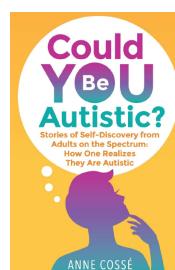
Alan Weiss has sent in *Your Legacy Is Now: Life Is Not a Search for Meaning from Others – It's the Creation of Meaning for Yourself*. It's somewhere between his 60th and 70th book; I've reviewed and liked two, *Fearless Leadership*, reviewed October 2020, and *Threescore and More*, reviewed February 2019.

In this book, Weiss proposes that you thoughtfully choose to live your life as you want rather than leaving it for someone else to sum up after you're gone. I found this book interesting because he writes about many of the things I've thought and written about. Some of his ideas I agree with. Some I don't.

My main problem with the book is that I think he's left out what should have been chapters one and two, laying the groundwork for the rest of his argument. My chapter one would have looked at human biology and genetics as both limiting and guiding what we can become. Chapter two would have been about how human culture — and in this case, American culture — similarly limits and guides us. The rest of his book is really about how to overcome those limits and choose whether to follow or not follow the guidance culture imposes on us.

Weiss is a "dog person," as I am, which leads to my favorite quote from the book. He cites Vince Lombardi as saying that dogs are irresistibly drawn to "run to daylight." Weiss writes, "The creation of meaning is the accumulation of our deliberate actions to change, experience, grow, and evolve. We do that best by running through the metaphorically open gate, or by tearing it down. When we had yards with no gate, or gates that were never open, our dogs dug under them or some jumped over them."

It's a good book with many ideas that deserve consideration and maybe arguing with. It's worth your time. Visit AlanWeiss.com/LegacyAppendix.



I have mental categories for the books I read. *Could YOU Be Autistic? Stories of Self-Discovery from Adults on the Spectrum: How One Realizes They Are Autistic* by Anne Cossé fits in the category of useful and needed books.

Cossé starts with a description of how she came to identify herself as autistic at 53. She does not use the word *diagnose* because she doesn't see autism as an illness. And she doesn't think a medical diagnosis is necessary because there are almost no services available to adults with autism. Additionally, she points out that people on the spectrum don't need some official to tell them they are: "Does anyone need experts to know they are on the LGBTQI+ spectrum? Same with autism."

She then gives us testimonies from 16 others who either self-identified or were identified as autistic as adults. She